

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Backs Hubert

Coaches: Nuytten Stefanie HEADCOACH

Coaches: De Cramer Renée

Coaches: Desmet Carl

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:1, starttime: 14:30
Heat: 1/6 Lane : 4 Athlete: CHRISTIAENS LUCAS					Q-time: 01:16:19
PB (25m pool): 01:16.19 LAGO Zwevegem 25/05/2026					PB (50m pool): 01:18.93 SB: 01:17.85 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.55		01:16.19	
	00:37.55		00:38.64		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:2, starttime: 14:32
Heat: 2/6 Lane : 7 Athlete: BLOMME STAN					Q-time: 01:14:91
PB (25m pool): 01:13.72 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:15.21 SB: 01:13.72 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.57		01:13.72	
	00:35.57		00:38.15		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:5, starttime: 14:39
Heat: 5/6 Lane : 8 Athlete: THIELEMANS LEON					Q-time: 01:11:33
PB (25m pool): 01:10.06 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:16.70 SB: 01:10.06 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.14		01:10.06	
	00:34.14		00:35.92		
					

Coach feedback:

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Event number: 14: 100M BACKSTROKE WOMEN 13-14					Heat:3, starttime: 14:48
Heat: 3/6 Lane : 8 Athlete: VAN STEENKISTE LIA					Q-time: 01:15:87
PB (25m pool): 01:15.98 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:15.87 SB: 01:15.98 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.80		01:15.98	
	00:36.80		00:39.18		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 13-14					Heat:4, starttime: 14:50
Heat: 4/6 Lane : 2 Athlete: DEKEIN YUTA					Q-time: 01:11:46
PB (25m pool): 01:11.10 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:12.67 SB: 01:11.10 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.82		01:11.10	
	00:34.82		00:36.28		
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 13-14					Heat:4, starttime: 14:50
Heat: 4/6 Lane : 6 Athlete: CLAEYS ELENA					Q-time: 01:10:07
PB (25m pool): 01:10.07 Diksmuide 12/10/2025					PB (50m pool): 01:11.10 SB: 01:10.09 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.07	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE WOMEN 13-14					Heat:5, starttime: 14:53
Heat: 5/6 Lane : 2 Athlete: HUYBEN ISOLDE					Q-time: 01:11:28
PB (25m pool): 01:11.25 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:14.26 SB: 01:11.25 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.87		01:11.25	
	00:34.87		00:36.38		
					

Coach feedback:

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Event number: 15: 50M BACKSTROKE MEN 15-16			Heat:4, starttime: 15:02
Heat: 4/4 Lane : 4 Athlete: THONON MATISSE			Q-time: 00:26:77
PB (25m pool): 00:26.77 Gent 09/11/2025			PB (50m pool): 00:27.62 SB: 00:27.12 Brugge 04/10/2026
	2 5 M	5 0 M	
PB		00:26.77	
	00:26.77		
			

Coach feedback:

Event number: 15: 50M BACKSTROKE MEN 15-16			Heat:4, starttime: 15:02
Heat: 4/4 Lane : 6 Athlete: KINDT LIAM			Q-time: 00:29:18
PB (25m pool): 00:29.62 Diksmuide 12/10/2025			PB (50m pool): 00:29.18 SB: no time
	2 5 M	5 0 M	
PB		00:29.62	
	00:29.62		
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16			Heat:1, starttime: 15:03
Heat: 1/4 Lane : 5 Athlete: HAUTEKIET NANOE			Q-time: 00:33:92
PB (25m pool): 00:33.70 Brugge 20/10/2024			PB (50m pool): 00:34.43 SB: no time
	2 5 M	5 0 M	
PB		00:33.70	
	00:33.70		
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16			Heat:1, starttime: 15:03
Heat: 1/4 Lane : 8 Athlete: GANTOIS JANNE			Q-time: 00:35:04
PB (25m pool): no time			PB (50m pool): 00:35.04 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

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Event number: 16: 50M BACKSTROKE WOMEN 15-16			Heat:2, starttime: 15:05
Heat: 2/4 Lane : 7 Athlete: VANDEKERCKHOVE JULIETTE			Q-time: 00:32:81
PB (25m pool): 00:34.72 Gent 23/02/2025			PB (50m pool): 00:32.81 SB: no time
	2 5 M	5 0 M	
PB		00:34.72	
	00:34.72		
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16			Heat:4, starttime: 15:08
Heat: 4/4 Lane : 5 Athlete: DE BRUYCKER CHLOë			Q-time: 00:30:36
PB (25m pool): 00:30.54 Brugge 04/10/2026			PB (50m pool): 00:30.58 SB: 00:30.54 Brugge 04/10/2026
	2 5 M	5 0 M	
PB		00:30.54	
	00:30.54		
			

Coach feedback:

Event number: 19: 50M BREASTSTROKE MEN 15-16			Heat:2, starttime: 15:25
Heat: 2/3 Lane : 2 Athlete: VANDEKERCKHOVE JEROME			Q-time: 00:33:23
PB (25m pool): 00:40.11 Verbauwenbad 18/04/2022			PB (50m pool): 00:33.23 SB: no time
	2 5 M	5 0 M	
PB		00:40.11	
	00:40.11		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE WOMEN 15-16			Heat:3, starttime: 15:30
Heat: 3/3 Lane : 6 Athlete: DARRAS NINA			Q-time: 00:36:28
PB (25m pool): 00:36.28 Temse 17/11/2025			PB (50m pool): 00:37.46 SB: no time
	2 5 M	5 0 M	
PB		00:36.28	
	00:36.28		
			

Coach feedback:

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Event number: 22: 50M FREESTYLE WOMEN 13-14										Heat:5, starttime: 15:41	
Heat: 5/5 Lane : 3 Athlete: CLAEYS ELENA									Q-time: 00:27:80		
PB (25m pool): 00:27.80 Brugge 04/10/2026					PB (50m pool): 00:28.68 SB: 00:27.80 Brugge 04/10/2026						
	2 5 M		5 0 M								
PB			00:27.80								
	00:27.80										
											

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16							Heat:5, starttime: 15:53	
Heat: 5/6 Lane : 1 Athlete: KINDT LIAM							Q-time: 02:02:87	
PB (25m pool): 02:02.87 Gent 23/02/2025				PB (50m pool): 02:06.65 SB: 02:02.95 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:27.98		00:59.97		01:31.91		02:02.87
	00:27.98		00:31.99		00:31.94		00:30.96	
								

Coach feedback:

Event number: 24: 200M FREESTYLE WOMEN 15-16							Heat:2, starttime: 16:02	
Heat: 2/4 Lane : 2 Athlete: LINSKENS ELLOISE							Q-time: 02:17:09	
PB (25m pool): 02:17.09 TEMSE 23/11/2025				PB (50m pool): 02:19.12 SB: 02:17.65 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.32		01:05.56		01:41.44		02:17.09
	00:31.32		00:34.24		00:35.88		00:35.65	
								

Coach feedback:

Event number: 24: 200M FREESTYLE WOMEN 15-16							Heat:3, starttime: 16:04	
Heat: 3/4 Lane : 4 Athlete: VANDEKERCKHOVE JULIETTE							Q-time: 02:10:77	
PB (25m pool): 02:10.77 Brugge 04/10/2026				PB (50m pool): 02:13.78SB: 02:10.77 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.44		01:03.65		01:37.43		02:10.77
	00:30.44		00:33.21		00:33.78		00:33.34	
								

Coach feedback:

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Event number: 24: 200M FREESTYLE WOMEN 15-16							Heat:4, starttime: 16:07	
Heat: 4/4 Lane : 2 Athlete: DESMET LIEZE							Q-time: 02:07:33	
PB (25m pool): 02:07.33 Gent 09/11/2025				PB (50m pool): 02:07.45 SB: 02:08.56 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.63		01:01.71		01:34.71		02:07.33
	00:29.63		00:32.08		00:33.00		00:32.62	
								

Coach feedback:

Event number: 24: 200M FREESTYLE WOMEN 15-16							Heat:4, starttime: 16:07	
Heat: 4/4 Lane : 4 Athlete: LAMMENS MARY							Q-time: 02:04:79	
PB (25m pool): 02:04.79 Gent 09/11/2025				PB (50m pool): 02:07.32 SB: 02:09.08 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.91		01:00.35		01:32.34		02:04.79
	00:28.91		00:31.44		00:31.99		00:32.45	
								

Coach feedback:

Event number: 24: 200M FREESTYLE WOMEN 15-16							Heat:4, starttime: 16:07	
Heat: 4/4 Lane : 7 Athlete: GANTOIS JANNE							Q-time: 02:07:69	
PB (25m pool): 02:09.75 Temse 17/11/2025				PB (50m pool): 02:07.69SB: 02:11.02 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.76		01:02.87		01:36.77		02:09.75
	00:29.76		00:33.11		00:33.90		00:32.98	
								

Coach feedback: